



OR Training & Personal Development Ltd

# *Advanced NLP Skills Diploma*



24th March 2018 - 20th May 2018

Syllabus & Seminar Timetable





# ADVANCED NLP SKILLS DIPLOMA

**NLP IS A POWERFUL AND PRACTICAL SET OF SKILLS, TECHNIQUES AND ATTITUDES FOR ACHIEVING BETTER RESULTS IN LIFE (EITHER PERSONALLY OR PROFESSIONALLY); COMMUNICATING EFFECTIVELY; AND LEARNING HOW TO CREATE REAL AND SUSTAINABLE CHANGE FOR YOURSELF OR OTHERS.**

Often described as 'The User's Manual For The Mind', Neuro-Linguistic Programming (or NLP) enables you to become more aware of your own habitual patterns of thinking (Neuro), communication (Linguistic) and behaviour (Programming) and by learning where, when and how to make small changes, you can improve your results in whatever area of your life, career or relationships with other people that you choose.

By becoming aware of these patterns in other people, you can also increase your ability to understand, influence and effectively engage with them.

NLP skills and methodologies are now widely used to improve outcomes in areas as diverse as Business, Health, Education, Politics, Community Development & Sport and NLP principles are at the heart of the approach taken to developing the Northern Ireland Programme for Government.

Learning NLP has become an essential element in professional development programmes for Leaders and Managers and it is a key part of the toolkit for many Life, Executive and Leadership Coaches, Trainers and Consultants.

This 3 Seminar (6 Day), Advanced NLP Skills Diploma is designed to help you deepen your understanding of language and to use your enhanced language skills to create change for yourself and others.

You will learn the art of asking precision questions and take your mastery of spoken language to a new level of competence by learning the key skills of Milton Erickson, the World's foremost medical hypnotist.

We will also explore the Unified Field so that you can learn how all the different skills and methodologies of NLP connect up to give you one unified model big enough and powerful enough to deal with any issue or achieve any goal.

If you are already NLP qualified it also gives you the opportunity to deepen your existing knowledge and skills as a CPD programme.

We offer discounted rates to students who are already NLP qualified and we also have a special rate for courses booked as in-house development programmes for Charities and Third Sector organisations.



## **Have A Look At What People Are Saying About Us:**

*Michael is one of the most inspirational trainers I have ever had the pleasure of training with, the training is informal but packed full of practical knowledge and very key information to be the best version of a practitioner you can be. The 9 months I spent training with Michael were really worth it, not only benefitting my life but those of my family and others I have coached along the way.*

*Couldn't recommend Michael more highly.*

**Patrick Cordell. Art of Brilliance Trainer, Advanced NLP Practitioner and Winner of the 2017 UK NLP In Education Award.**

*'With NLP change need not be a daily struggle fuelled by willpower; change is within my own reach and I can choose how I feel, behave and react. Michael shines with enthusiasm, integrity and generosity of spirit. He is a great teacher of NLP and creates a safe space for learning and practice.'*

**Alana Jones. Workplace Solutions: Executive Coaching; Training; Organisational Development**

*'I first got in touch with Michael about a year ago as I've always been interested in NLP but didn't know much about it. I finally recently attended his Live It or Lead It programme and the results for me began immediately.'*

*'The biggest tribute I could pay to Michael is to say that he's a guy who knows so much he could bowl you over; but he doesn't. Like any good facilitator or coach Michael finds a way to transfer learnings in an engaging and simple fashion.'*

**Craig Thompson. Director, Vibrant Talent Development**

*'Michael is an exceptional communicator, who is passionate about NLP and very knowledgeable on the subject. The combination makes for an outstanding trainer!'*



### **Cathy Mullan. NLP Trainer & Coach**

*'Michael is one of those rare individuals who can captivate an audience with outstanding presentation skills and make the complex seem simple. He has an expert knowledge of NLP which together with his passion for the subject and his skill in training makes him an excellent trainer for anyone seeking to learn more about NLP.'*

### **Peter Maunder. Director, Ethical Learning**

*'Some people you remember. Michael made a powerful impression on me the moment he started presenting. He not only cares genuinely about his work and those he leads but is an expert NLP Trainer, a professional and genuinely honest person. Michael embodies the best of NLP, high values, skill, is a model of success, a fantastic Coach and a really nice guy'.*

### **Joanna O'Brien. Career Consultant at Inside Out NLP Coaching**

*Life changing. Since completing the Advanced NLP Practitioner Programme, people have commented: "Even though you were a great coach beforehand, it's on a whole new level. It's natural and you have loads of confidence in your approach and you use it for the better good in helping others. It's just helping you get to a new level of excellence!"*

**LMcK**

### **Get In Touch To Find Out More**

If you'd like to find out more and learn these powerful and practical skills for yourself or for your organisation, you can contact us directly at **michael@liveitorleadit.com** or call us on **07833230136** or visit our website [www.liveitorleadit.com](http://www.liveitorleadit.com)

**YOU CAN FIND OUR 2017 / 2018 PROGRAMME TIMETABLE & SYLLABUS BELOW**



## DIPLOMA 3 - ADVANCED NLP SKILLS DIPLOMA

This 3 Seminar (6 Day), Advanced NLP Skills Diploma is designed to help you deepen your understanding of language and to use your enhanced language skills to create change for yourself and others.

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We will also explore the Unified Field so that you can learn how all the different skills and methodologies of NLP connect up to give you one unified model big enough and powerful enough to deal with any issue or achieve any goal.

### **SEMINAR 1**

The Meta Monster... And How To Tame It

### **SEMINAR 2**

To Be Or Not To Be... What Was The Question?!

### **SEMINAR 3**

The Unified Field and Advanced Practitioner Certification

## **ADVANCED NLP SKILLS DIPLOMA:**

FULL COST: £750

CHARITY/3RD SECTOR COST: £700

GRADUATE CPD COST: £600\*\*

\*\* TO QUALIFY FOR THE GRADUATE CPD PRICE YOU MUST ALREADY BE  
A CERTIFIED NLP PRACTITIONER FROM A RECOGNISED SCHOOL



## **ADVANCED NLP SKILLS DIPLOMA**

**Seminar 1:** **2 days** **24th/25th March 2018**

### **The Meta Monster... And How To Tame It**

Learn how language works and the art of precision questions. Discover how to listen to the patterns of language that tell you which questions to ask next. These powerful language skills give you the edge.

- Surface, Deep, and Reference Linguistic Structures
- Recognition and Information Gathering Skills for Deletions, Distortions and Generalisations
- 14 Patterns of Meta Model 1 and 2
- Generating Precision Questions
- Softeners.

**Seminar 2:** **2 days** **28th/29th April 2018**

### **To Be OR Not To Be... What Was The Question?**

Learn how to speak more effectively. Take your mastery of spoken language to a new level of competence by learning the skills of Milton Erickson, the world's leading medical hypnotist

- Content and Context Reframing
- 12 Sleight of Mouth Patterns
- 22 Linguistic Patterns of the Milton Model
- Simple Trance Induction
- Voice Tone Control
- Design and Delivery of Metaphor

**Seminar 3:** **2 days** **19th/20th May 2018**

### **The Unified Field and Practitioner Certification**

Learn how all the different skills connect up to give you one unified model big enough and powerful enough to deal with any issue or achieve any goal. Practitioner Certification

- Learn how to use Timelines
- Neurological Levels
- Perceptual Positions and the Meta Mirror to identify the differences that make the difference, consciously or intuitively
- Final Practitioner Assessment
- Celebration



## OUR LEAD TRAINER & CONSULTANT

Michael Dunlop is a (twice) certified NLP Trainer and Master Practitioner. In addition to his Coaching and Professional Consultancy work, Michael is also a Visiting Lecturer at the University of Ulster on 'Developing Leadership Competencies' at Masters Degree Level and has worked with some of NI's most recognisable organisations in the Public, Private and 3rd Sectors.

Michael is also the NI Ambassador for the Association For Neuro-Linguistic Programming (ANLP), the Association for NLP Professionals.

## OR TRAINING & PERSONAL DEVELOPMENT LTD

At OR, we believe in the power of choice.

You can put up with the same old issues, problems and frustrations in your life, work or organisation...

### OR

You can choose to **do something different**.

We work with people and organisations who are ready to make a difference and get better results in life.

With our particular expertise in **Neuro-Linguistic Programming (NLP)**, Leadership & Systems Thinking Skills, we provide **NLP Coaching, Training & Consultancy** for both individual clients and organisations to help you to think, communicate, and act more effectively, to improve your results and to empower you to meet the challenges of life and work with confidence.

Alongside our training, coaching and consultancy with individuals, groups and businesses we also work 'in-house' with some of Northern Ireland's most recognisable organisations in the Public, Private and Third Sectors.

### What can we do to help you make a difference?

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